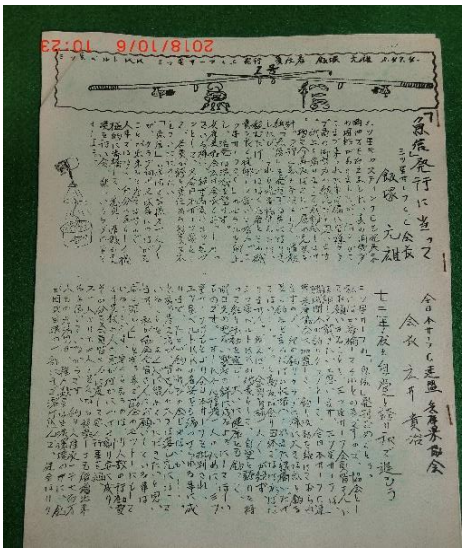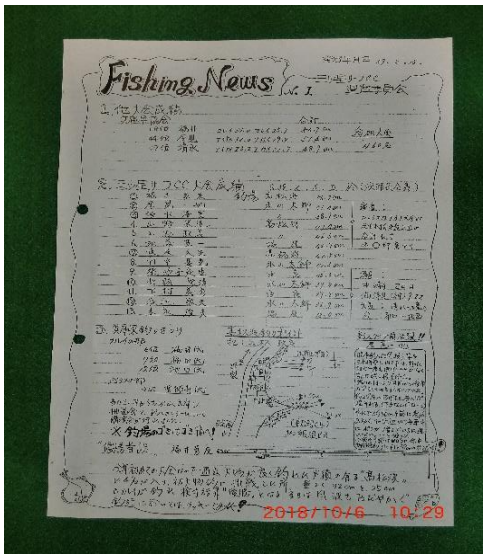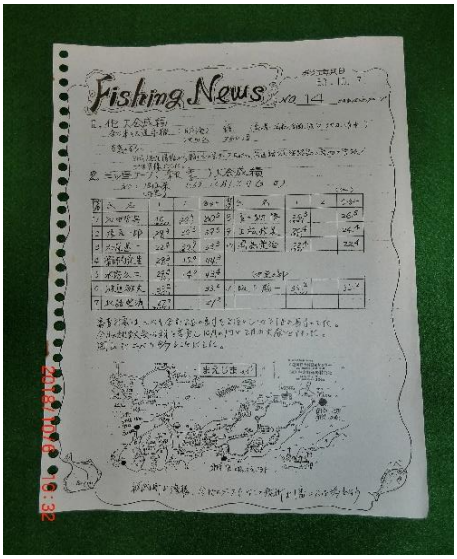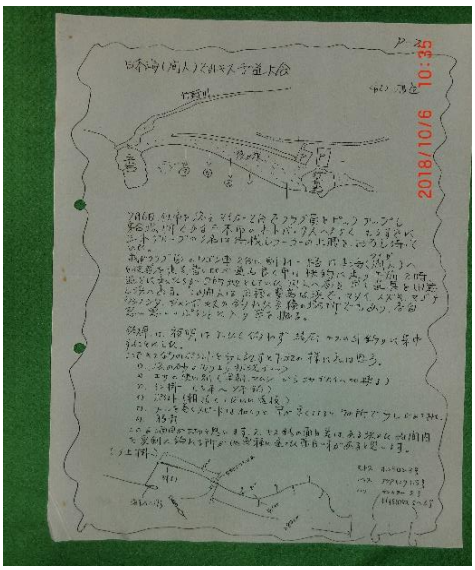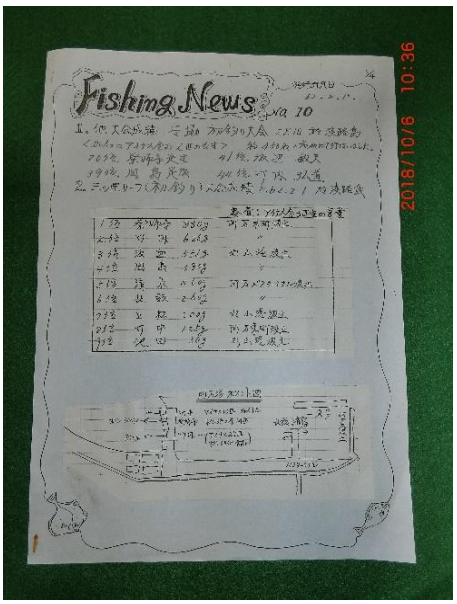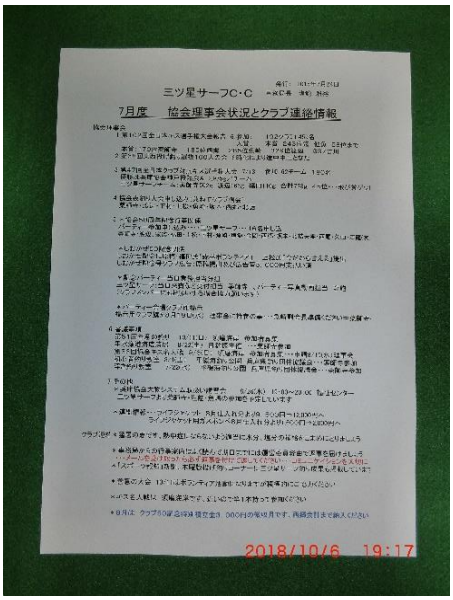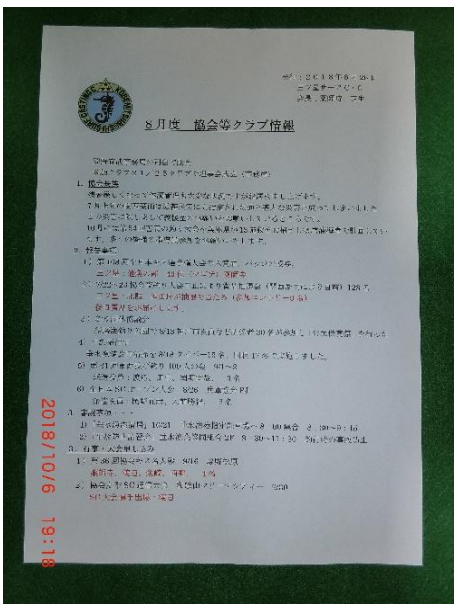クラブ情報紙　古今東西